

# 7 Day Test Prep Plan

7 Days Before

## ORGANIZE

*Make a to-do list and fill out the Seven Day Test Prep Chart*

List the topics that are going to be covered on the exam. Identify the difficult areas that are giving you problems and the topics you feel more confident with

Decide which study tools you will create to organize materials:

- compare/contrast cards
- concept maps
- summary sheets
- diagrams
- outlines
- timelines
- mnemonic devices

6-4 Days Before

## REVIEW CONTENT & SELF TEST

*When beginning to review the material, start with the material that is the most difficult*

Utilize active studying techniques to understand material beyond surface level memorization. To actively study:

- rework homework and quiz questions without looking at your initial work/answers
- self-test on chapter and lecture notes
- answer chapter or study-guide questions
- attend a review session
- take turns testing a study partner
- explain concepts in your own words from memory
- formulate critical thinking (HOW, WHY, and WHAT IF) questions and answer aloud
- predict and answer possible exam questions
- teach someone else concepts

3-2 Days Before

## STUDY MATERIAL

*Work with others to practice material and ask possible exam questions*

Study all materials thoroughly. Consider other resources available to you besides class materials and study tools that may be helpful as you strengthen your understanding and prepare for the exam

## ADDITIONAL RESOURCES FOR SUCCESS

- Book an Academic Coaching Appointment at Study Lab
- Book a one-on-one tutoring session
- Meet with your Academic Advisor
- Visit professor's office hours
- Additional on campus learning centers: Writing Center, Math Assistance Center, Stat Lab
- Visit Wellness and Fitness centers for a break

1 Day Before

## REVIEW

*Along with studying, prioritize a good night's sleep*

Review the materials briefly. The material has been studied three times over the past week

<b>Days Until the Test:</b>	<b>7</b>	<b>6</b>	<b>5</b>	<b>4</b>	<b>3</b>	<b>2</b>	<b>1</b>
Subject: (Chem., etc.)							
Who: (Alone, Michele, Study Group, etc.)							
When: (3pm-5pm)							
Where: (Hillman, Starbucks, etc.)							
What: (Chapter, 17, Diagram 4.6, etc.)							
How: (Concept maps, practice problems, etc.)							